

Foot & Hand

Feet & Hand rituals utilise all single use foot implements and nail files for a completely hygienic spa experience. Please arrive with no nail polish. Disposable things can be provided to preserve your polish.

Footprints in the Sand Precision Pedi Spa – Soak away tension and treat your soul to this relaxing and grounding Li'tya treatment. Start with a Jiga Jina foot soak, exfoliate with ancient sea salt, nourish with a layered Pepper-Berry thermal mask over the foot, and smooth with a Peppermint & Pearl foot lotion. Surrender to a Jina foot massage with pressure point and reflexology taking tension out of the feet. Nails are expertly groomed resulting in thoroughly restored and renewed feet that rejuvenate the whole body. 60 min \$100

Replenishing Hand Sea Spa - Rescue tired, parched hands with this intensive soothing and replenishing Li'tya treatment. Begin with a skin softening hand soak using sea salts and essential oils of Frangipani and Ylang-Ylang, followed by a Native Mint exfoliation to renew and regenerate. An application of Tasmanian Kelp Mud softens, and a hand & arm massage with the refreshing Ocean Dreaming massage blend removes every ounce of stress. A nail shape ensures hands look as good as they feel. 60 min \$100

Hot stone enhancer - Enhance your Pedit Spa or Hand Spa further with the therapeutic massage and use of warm basalt stones easing tension in the feet and calves. \$25

Waxing

All disposables are used in waxing/tinting services ensuring ultimate hygiene

eyebrow wax \$22	half leg/arm \$35
¼ leg \$45	full leg/arm \$50
underarm \$20	back from \$55
eyelash tint \$30	bikini (standard) \$35
lip \$18	bikini (xx, gstring) \$50
eyebrow tint \$25	bikini (xxx, full brazilian) \$60
chin \$18	
full face \$95	
lash & brow tint \$45	

Gift Vouchers

Spoil someone with a Gift Voucher for a monetary value or a favourite spa treatment. Our vouchers can be ordered via email, phone or in-spa, have a 12 month expiry, can be swapped for another treatment if desired and can be used on any day we are open. Last minute vouchers can also be emailed.

Accommodation Packages

The Lavender Room Day Spa is The Lakes Resort Hotels accommodation chosen partner, combining award winning accommodation with our award winning Spa. Call The Lakes on 8356 4444 to book your special Spa getaway.

Welcome to The Lavender Room Day Spa

Our multi-award winning day spa offering an array of luxe spa experiences and journeys for women and men. A destination for locals and those from afar; we offer large, spacious treatment areas that compliment the private sanctuary offering a complete relaxation oasis for our guests.

We use highly acclaimed, world renowned spa products by Li'tya, exclusive to The Lavender Room Day Spa in Adelaide, combining aboriginal medicines and healing modalities. Li'tya professionals have extensively trained and passed down to our therapists traditional medicines, healing rituals and ancient wisdom combined with the latest wellness research delivering exceptional results in spa therapy.

Bookings

An eco-sanctuary of peace and relaxation, your time with us is reserved especially for you to relax. Please arrive 15 minutes prior to your appointment time to complete a client information form and enjoy an aromatic tea. Late arrivals will still finish at the scheduled time to avoid delaying other clients.

Cancellation Policy

We require a Visa, MasterCard or Gift Voucher number to secure your booking. We understand that sometimes your plans need to change, and we request 24 hours notice to cancel or change your appointment. Without this notice a 50% cancellation charge or full treatment charge will apply to your nominated card, or the Gift Voucher will be forfeited.

Health Considerations

Some treatments are not recommended with certain health conditions/allergies/pregnancy. Please advise your therapist all relevant information at the time of booking your appointment to avoid disappointment.

Prices Effective September 2017

NO WEEKEND SURCHARGES APPLY

Tuesday – Friday 10-7
Thursday 10-9
Saturday 9-5
Sunday 11-4

Infinity Waters - 79/155 Brebner Drive West Lakes SA 5021

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find us on Facebook "The Lavender Room Organic Day Spa"

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Journeys

Infinity – Our ultimate signature spa journey. Traditional healing incorporating an array of spa treatments on a journey to completely escape to. Infinity embraces everything indulgent with our intensive high performance Dihlbi bio facial with selected enhancers, mineral salt and warm Pearl & Kelp Sapphire sea wrap, deeply relaxing one hour massage, Hand & Feet Sea spas, Paudi Scalp Treatment and a soak in our immersion tub with our famed Lavender Bath milk offering complete relaxation and rejuvenation. Includes choice of a delicious lunch offering. 4 hrs 30m \$550

Ocean Dreaming – Li'tya 'of the sea' spa journey to reconnect body, mind and soul. Surrender to the ultimate anti-aging, renewal and potency of this experience that includes our Sapphire Sea Wrap, Susu Dew Massage, Paudi Scalp Treatment, Ocean Renew Facial and Hand and Feet Sea Spas. 3 hrs \$395

Hot Stone Sanctuary – Relax in to a tranquil aromatherapy bath, then experience our signature Hot Stone Massage with warm basalt stones and rhythmic flow. Relax deeply as the muscles melt in the hands of your therapist. Inspired by powerful native botanicals, a facial follows for a lasting experience. 2hrs 30min \$320

Sapphire Sea Wrap – Unwind, relax and nourish your body with this complete Li'tya anti-ageing rejuvenation experience. You will be nourished with a Mother of Pearl body exfoliation, before being cocooned in warm and vitamin packed Pearl & Kelp body mud. Enjoy a Paudi Scalp treatment massage then surrender to a Susu Dew Massage (35 min or 60 min) 90min (inc 35m) \$200/ 2 hour (inc 60m) \$240

Absolute Bliss – Our signature bath milk infused with organic lavender cleanses and softens the feet. Relax into an Aromatherapy massage, gently working out tension, then surrender to an indulgent one hour facial to complete this soul-soothing experience. 2hr \$220

Men's Escape – Rejuvenating therapy tailored specifically for men. We use an invigorating native mint sea salt back exfoliation infused with healing magnesium, followed by a thermal vitamin rich warm mud mask and back & shoulder massage ritual relieving muscular tension combined with deep relaxation. Enjoy a deep facial cleanse & exfoliation leaving the skin refreshed and calm, with this revitalising ritual. 2 hr \$240

Gym Recovery – This post gym therapy targets lactic acid breakdown with an intensive Pepperberry & Peat mud pack and oil massage focusing on pressure points and areas of tension. Heated basalt stones further relieve soft tension and leave the body in complete harmony. 90 min \$200

All of our treatments can be performed as a couples treatment. Larger groups, or special tailored Bridal and VIP packages are available by request, along with food and drinks option. Contact the Spa for your requirements and we will work with you to provide an unforgettable group experience.

Facial Therapies

Dihlbi Bio Active Facial – 'Our intensive high performance facial' – Bio active formulas of Banksia flower, Kakadu Plum and native Fragonia support the skin with an age defying serum that targets visible signs of ageing. An intensive bio-phase mask is applied to brighten and stimulate cellular renewal leaving the skin toned and luminous. This luxurious ritual deeply relaxes with a pressure point facial & hand massage 90 min \$240

Organic Dreamtime – The skin is cleansed and exfoliated with native Lilli-Pilli and crushed Mother of Pearl to regenerate and restore radiance. A skin specific mask is applied targeting areas of concern, whilst the head and hands enjoy a soothing massage. Age defence and antioxidant rich hydrators and sensory aromatherapy elixirs complete the skins journey. 75 min \$170

Ocean Renew – Using our complete marine based range rich in nutrients, your skin will be cleansed, exfoliated and deeply hydrated before being treated to an Aboriginal inspired facial pressure point massage. To complete, your therapist will apply your prescribed treatment mask whilst you relax. 45 min \$115

Mini Bliss – A relaxing cleanse, treatment mask and facial hydrator are used in this half an hour retreat for the skin. 30 min \$80

Massage Therapies

*All massages use therapeutic grade essential oils for optimum wellbeing
90 minute treatments include botanical foot soak

Aromatherapy – Calming and rhythmic, this massage allows the body to completely let go and relax whilst rhythmic movements gently cascade over the body relaxing the muscles and the mind. 30min \$75/60min \$120/90min \$165*

Susu Dew – Spiraling movements ground & uplift with deep relaxation work incorporating some deep tissue & pressure point work relieving muscular aches & realigning energy flow in the body. This beautiful massage treatment uses the indulgent 'Ocean Dreaming' massage blend to evoke memories of the seaside. 60min \$120/90min \$165*

Marma Kodo (Pregnancy) – This nurturing and rhythmic body massage is inspired by traditional Australian Aboriginal techniques which tone and re-align energy flow enhancing mind and body balance and wellness, working to encourage harmony and nurture the pregnant mother and child. 90 min \$165*

Hot Stone Heaven – Calming and nourishing, the soothing and relaxing warm basalt stones melt away muscular tension. This ancient therapy helps to balance emotions and energy flow. 90 min \$165*

Serene Scalp – A seated massage working out tension held through the scalp, head and shoulders, this holistic technique uses warm organic coconut oil to nourish the scalp and restore lustre to the hair. 60 min \$120

Vanilla Chai – A spicy aromatic foot bath and a warm oil body massage giving attention to the hands and feet, the treatment is infused with a manuka honey aromatherapy balm. 75min \$150

Enhancers and Extenders

Add an Extra Enhancer to your Facial, Massage or Journey \$35 each

Intensive Hand Mask – Nourishing Tasmanian Kelp Mask and warm towel cocoon, restore and soften while Munthari Berry hand hydrator protects and relaxes hardworking hands.

Marine Collagen Eye Treatment – A restorative treatment for eyes, soothing pressure point work combined with a Marine Collagen & chilled Wild Rosella eye mask.

Paudi Scalp Treatment – Intensively hydrating hair and scalp treatment, rich in vitamins this hair mask is combined with warm towels using traditional aboriginal massage techniques to deeply relax and balance.

Post Gym Mud Therapy Pack (With Massage Only) – Tension relief warm nutrient rich thermal mud pack rich in magnesium, targets the back and shoulders with a relaxing muscle balm easing tension.

Tension Relief Foot Mask – Mineral rich Mother of Pearl & Kelp Mask and warm towel cocoon reduce inflammation and relieve tension while our marine rich foot hydrator rejuvenates tired feet.

Vitality Vitamin Mask (With Facial only) – Botanically enriched intensive facial treatment, extremely rich in vitamins A, C & E to visibly soften, firm and deeply hydrate.

Add Extra Relaxation to your Facial, Massage or Journey \$60 each

Allow extra 30 minutes to your existing treatment time per 'Extender'

Aromatherapy Massage (With Facial/Journey only) – Calming and soothing focusing on your area of need and your chosen blend of sensory oils.

AHA Spicy Organic Peel (With Facial only) - A combination of a biological peeling mask rich in AHA fruit acids combined with a hot paprika mask delivering a deep exfoliation and rejuvenation without harsh chemicals. **Not suitable for sensitive skin.*

Nail Spa (Hands or Feet) – Feet or hands are cocooned in scented warm towels while the nails are treated to a file and then awoken to a perfect polish.

Indulgent Bathing

Choice of Lavender Bath Milk, Tasmanian Peat Bath Mud or 'Jiga Jina' Antioxidant rich Mineral Salt Bath with native Australian fruit extracts & oils, or in our large immersion tub. Available with all treatments 25 min \$50

Enhancers, Extenders and Indulgent Bathing are not available as stand-alone treatments.